

*Originally written as part of PSHE policy, 2013.
Seperated from PSHE policy, 2017.
Reviewed 2022
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Dania School – Scandinavian learning in the heart of London

Relationships, Sex Education and Health Policy Policy

Ethos and Values

Sex and relationship education (SRE) will reflect the values of the PSHE and Citizenship programme. SRE will be taught in the context of relationships. In addition, SRE will promote self-esteem and emotional health and well-being and help them form and maintain worthwhile and satisfying relationships, based on respect for themselves and for others, at home, school, work and in the community.

At Dania School, we aim to provide a holistic education for all children. Every pupil will receive their full entitlement to SRE regardless of their educational ability, gender, race, disability, sexual orientation, ethnicity or faith. We aim to support children in their emotional, cultural, spiritual, moral and social, as well as academic development in line with the Equality Act 2010 and the Statutory Guidance.

Definition

[Relationships and Health Education 2020](#): “The focus in Primary School should be on teaching the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships and relationships with other children and with adults” (p. 19).

At Dania Scandinavian School, the RSE policy is about the development of the pupil’s knowledge and understanding of themselves as sexual beings, about what it means to be fully human living in relationships with one self and others and being enabled to make moral decisions in conscience.

Aims

Contributing to the foundation of PSHEE, the school’s RSE programme aims to explore attitudes and values with children about relationships, emotions, self-esteem and personal safety. Children will develop skills in order to make positive decisions about their health related behaviour. During RSE children will develop personal and social skills and a positive attitude to growing up.

Objectives and statutory requirements

The school aims to provide a graduated, age-appropriate RSE programme emphasising the social and emotional aspects of relationships.

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Education about RSE in Primary School will focus on the building of attitudes, personal and social skills, knowledge and understanding of

- Families and people who care for me and the characteristics of a healthy family life,
- Caring friendships and how to recognise a healthy friendship
- managing emotions within relationships, managing conflicts positively and recognising the value of differences,
- respectful relationships and the importance to respect others and yourself.
- Online relationships and safety
- Being safe, the concept of privacy and recognising feelings of being unsafe,
- Healthy eating, including facts about legal and illegal, harmful substances such as smoking, alcohol and drug-taking.
- Physical health and Mental well being, normal range of emotions in relation to different experiences and where to seek help and support.
- Basic first aid

The school is legally required to teach the statutory requirements of Science, such as

- main external body parts
- the human body as it grows from birth to old age
- Puberty (including menstruation)
- Reproduction in plants and animals (including humans)

Outcomes

Inclusion and differentiated learning

Dania will ensure that RSE is sensitive to the different needs of pupils with respect to their abilities, level of maturity and personal circumstances; for example, gender identity, faith or culture and that it is taught in a way that does not subject pupils to discrimination. Lessons will help children to realise and understand the nature and consequences of discrimination, teasing, bullying and aggressive behaviours (including cyber-bullying), use of prejudice-based language and how to respond to these and ask for help.

Broad content of RSE

the objectives of RSE will be provided through four interrelated dimensions:

- Through the development of the school's ethos
- Cross-curricular learning opportunities
- specific relationships learning opportunities
- specific sex education learning opportunities

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Implementation

Sex and Relationship Education is delivered through science, RE, PSHE, citizenship, PE, ICT, literacy activities, and 'circle time'. A planned and co-ordinated approach to each subject can provide an appropriate framework for RSE to take place providing pupils with a consistent message.

RSE is taught by classroom teachers, teaching assistants and if appropriate, outside visitors such as the school nurse. A range of teaching methods include use of video, discussion, looking at case studies, drama and role-play.

Sex and relationship education is delivered in mixed gender groups.

Dealing with difficult topics / questions

All teachers are aware of the ground rules which provide an agreed structure to answering sensitive or difficult questions. Teachers will endeavour to answer questions as honestly as possible but if faced with a question they do not feel comfortable answering within the classroom, provision would be made to meet the individual child's needs.

Parents and carers

We recognise that parents and carers are the primary educators of their children. The school will support parents and carers by providing material to be shared with their children at home and through learning journeys. Parents and carers will be informed by letter when more sensitive aspects of RSE will be covered so that parents can be prepared to talk and answer questions that their children might have.

The Sex and Relationship Education policy is shared on the school website and full detail are available on request. Parents will be consulted before this policy is ratified by the governors.

Parents have the right to withdraw their children from Sex Education except from those elements which are required by the National Curriculum of Science or where the curriculum content is seen to be necessary for a child's safety and well-being. Parents do not have the right to withdraw their child from Health and Relationships elements of RSE. Should parents wish to withdraw their child from Sex Education they are asked to notify the school by contacting the headteacher or administrator. The school will provide support to those parents by ensuring materials are given so the parents can provide the learning.

Roles and responsibilities regarding RSE

Governors

- To work with school leader to draw up the RSE policy in consultation with parents

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and teachers

- ensure the policy is available for parents
- Ensure that the policy is in accordance with other whole school policies
- ensure that parents know of their right to withdraw
- Ensure that the policy provides proper coverage of the national curriculum

The headteacher

The headteacher takes the overall delegated responsibility for the implementation of this policy.

All Staff

RSE is a whole school area of learning. All teachers have a responsibility of care. As well as fostering academic progress, they also contribute to the guardianship and guidance of the well-being of pupils. Teachers will be expected to teach RSE in accordance with the school ethos.

Children's questions

The governors want to promote a healthy, positive atmosphere in which RSE can take place. They want to ensure that pupils can ask questions freely, be confident that their questions will be answered, and be sure that they will be free from bullying or harassment from other children and young people.

Controversial or sensitive issues

All teachers are aware of the ground rules which provide an agreed structure to answering sensitive or difficult questions. Teachers will endeavour to answer questions as honestly as possible but if faced with a question they do not feel comfortable answering within the classroom, provision would be made to meet the individual child's needs.

Safeguarding / Confidentiality

Teachers need to be aware that effective sex and relationship education, which brings an understanding of what is and is not acceptable in a relationship, may lead to disclosure of a child protection issue.

- The staff member will inform the Head Teacher/Designated Child Protection person in line with the LEA procedures for child protection. A member of staff cannot promise confidentiality if concerns exist.

Monitoring, Assessing and Reviewing

To ensure that the policy is adhered to and is effective, it will be monitored, reviewed and evaluated regularly. The school will assess the effectiveness of the aims, content and methods in promoting pupils' learning by lesson observation, sampling teachers planning, questionnaires to teachers and children and feedback from parents. The effectiveness of the SRE program will be evaluated by assessing children's learning and implementing change if

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required.

Links with other policies

This policy is linked with the following policies:

PSHEE

Equal Opportunities

Safeguarding

E-Safety

Confidentiality

Behaviour

Anti-Bullying

Equal Opportunities

At Dania School we also recognise the importance of the Equality Act 2010. This replaced and unified all existing equality legislation such as the Race Relations Act, Disability Discrimination Act and Sex Discrimination Act. It aims to ensure that all people (pupils/teachers/parents/family/visitors etc) have equality of opportunity in accessing and experiencing the life of the school. When carrying out our day to day work, we should have regard to the following:

- eliminating discrimination
- advancing equality of opportunity
- foster good relations across all people, whatever their characteristics may be

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